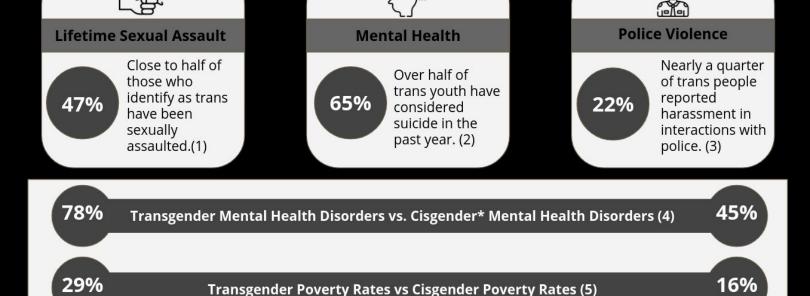
## **Challenges of the Trans Community**



\* Cisgender is defined as personally identifying with the gender assigned at birth.

As we can see from these statistics, trans men and women face many challenges in a society that may not view them as welcome. There are a few simple things we can do in everyday life that would help trans people feel validated in everyday life. Simply using a chosen name and gender pronouns can have a major impact on daily life and shows that we respect that person as an individual.

Unfortunately, there are more systematic issues that members of the trans community face that will be more difficult to change. Discrimination is by far the largest and hardest problem to fix and has a domino effect that leads to many of the other issues. This ranges from economic factors, such as housing and employment, to social factors, like loss of friends, family and community. Societal changes must start small with the individual. Hire trans men and women, show them equal treatment, don't be afraid to be friends with those in the trans community. They are people, just like everyone else.

If you know someone who identifies as trans, make sure they know they are loved and supported. Doing simple things can make the life outcomes for those in this community better overall and less challenging.

Trans Support and Hotline: translifeline.org - 1-877-565-8860

## **Purpose**

The goal of this project is to provide knowledge, education and insight into some of the personal challenges faced by a community which is widely ostracized. The hope is to spread understanding and empathy to those who may not know or have not dealt with people in the trans community.

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